



## Objective

**The project aims to identify the livelihood and nutrition benefits of fisheries in Timor-Leste and Nusa Tenggara Timur, and test approaches to inclusive nutrition-sensitive co-management systems for inshore fisheries.**

It will:

- Define key drivers that shape the integration of fish into household food systems in target communities.
- Evaluate factors enabling and limiting the consumption of fish and its potential to reduce under-nutrition, particularly in children in the first 1000 days of life, and for women.
- Determine pathways to nutrition benefits from case study fisheries (fisheries aggregating devices and gleaning fisheries), identify barriers to improved outcomes from these fisheries, and entry points for nutrition-sensitive fisheries management adoption.
- Test and refine principles and practices for inclusive nutrition-sensitive fisheries.
- Develop best-practice guidance and frameworks for implementation of inclusive nutrition-sensitive fisheries management in partner regions.

## Expected scientific results

- Increased capacity within Directorate General of Fisheries Timor-Leste to continue to engage with its nearest neighbours in collaborative research in fisheries management.
- Increased understanding of the current and potential role of fish in food systems, and the overall importance of fish to household and individual food and nutrition security.
- Development of tools to allow managers to incorporate nutrition sensitivity into coastal fishery management systems
- Improved policy to address poverty and nutrition insecurity.
- Increased profile of fisheries in the nutrition policy space globally.

## Expected impact/outcomes

- Improved health outcomes for children in the first 1000 days of life.
- Empowerment of women in fisheries co-management.
- Changes in fisheries management approaches and policy to include a focus on optimal nutrition outcomes.
- Changes in policy that recognise women's fishing and its contribution to livelihoods.
- Enhance the science capacity of all partners, particularly in the areas of gender, nutrition, coastal sustainable livelihoods and fisheries governance.

